

ALL FOR ONE



ONE FOR ALL



Minneapolis Post No. 1



January - February 2009

Minneapolis American Legion Post No. 1 Officers

Commander:
Dick Ward

1st Vice Commander:
Terry Parks

2nd Vice Commander:
Open

Chaplain:
Mike Krogan

Sergeant-At Arms:
Woody Anderson, Sr.

Finance Officer:
Lynne Nottage

Membership:
Mike Krogan

Minneapolis Unit 1 Auxiliary Officers

President:
Karen McNamara

1st Vice President:
Sharon Jeffers

2nd Vice President:
Chickie Patterson

Secretary/Treasurer:
Sharon Jeffers

Chaplain:
Ardell Rogers

Sergeant-At Arms:
Becky Nelson

SAL Commander:
Corwin Morton

Chaplain:
Mike Krogan



Commander's Message

Happy New Year to each and every one of you. 2009 is here and we hope to make the best of it at Post #1.

PLEASE MAKE A NOTE: We are moving our Post #1 monthly Post meetings to the second **Monday** of the month beginning with February's meeting. February 9, 2009.

Speaking of the New Year, we have a special section in this edition of the newsletter, honoring those Legionnaires with significant consecutive years of membership in The American Legion. Congratulations to all of them for "*Still Serving America*".

The 2008-2009 American Legion High School Oratorical Scholarship District Contest was held December 14, 2009 at Wold-Chamberlain Post #99. Post #1 sponsored Dustin Barnes, of Minnesota Transitions High School. Dustin placed 3rd and received a \$100 Scholarship Award. Congratulations Dustin!

2008 Membership year is closed. Post #1 reached the 100% level again thanks to the hard work of Mike Krogan and the Membership team. In 2009 we must begin again towards that 100% goal. Please do all you can do to help Post #1 reach their goal for 2009.

**Post meetings will start at 7pm
See you there!**

Commander, Dick Ward

President's Message

We are off to a fast start to the New Year as always.

We wrapped up 2008 with a great "*Breakfast with Santa*" (see more of Santa inside)

Now we look forward to all of activities for 2009.

The Mid-Winter Conference is scheduled for January 10, 2009, at Richfield, starting at 8:00 am with a social and runs through noon.

As Seen On TV! The 2009 Winter Carnival Parade and Membership Rally is scheduled for Saturday, January 24th. Busses will leave Arcade Phalen Post #577 (1129 Arcade Avenue St, St. Paul) about noon. We march in the Winter Carnival Parade and everybody carries a US Flag. The District with the most US Flags gets bragging rights for the next year! After the parade we return to the Post for a warm-up on chili at Post #577 and share good times with our 4th District counterparts.

Thanks for all of your help in 2008 and we look forward to a Great 2009!



Karen
a.k.a. Mac

OMELET BREAKFAST

Sunday, January 11, 2009

And

Sunday, February 8, 2009

8:30 am – 12:30 pm

News & Notes



V A MEDICAL CENTER BLOOD DONOR PROGRAM

Donors from now on need to complete a blue form for EACH of the organizations and give it to the attendant at registration.

You can donate up to two organizations with each pint.

This is the only notice the Post will receive from the VA Medical Center. If you do not fill out this form we will not know that you donated.

Please help.
Joyce Rose, Blood Chair

AROUND THE 5TH DISTRICT

1st Sunday of each month
Hospital Visitation VAMC 2PM

2nd Sunday of each month
Omelet Breakfast - 8:30 - 12:30 pm
Minneapolis Post #1
(Eagles) 25th Ave and 25th St

3rd Sunday of each month
(Starting in October)
Omelet Breakfast – 8:00 - 1:00 pm-
Minneapolis Richfield Post 435
65th and Portland Ave So

4th Sunday of each month
Pancake Breakfast – 8:00 - 1:00 pm
Wold Chamberlain #99
5600 34th Ave So

5th Wednesday

POST #1 MEETING SCHEDULE CHANGE

Post #1 monthly meeting are changing to the 2nd Monday of the month beginning February 9, 2009.

MARK YOUR CALENDARS!!

Legion launches VetCam to link military families worldwide

Thursday, December 4, 2008

U.S. military troops deployed overseas can now use their Web cams to talk with their families back home, without having to download software packages that may not pass muster with command cybernet security requirements.

The American Legion has launched "VetCam," a free Web cam service that enables service members and veterans to talk face-to-face on their personal computers with friends and family. Once VetCam users register online, they can connect with two Web cams and use the service 24/7 from any Internet connection.

"Web cams have been around for a while, but many required downloading software to make them work," said David K. Rehbein, national commander of The American Legion. "We want our troops, our veterans, and their families to be able to enjoy the pleasure of talking face-to-face with their loved ones - anywhere in the world - with just a couple of mouse clicks.

"Next to actually being there, seeing and talking with your spouse and kids, mom and dad, and best friends are morale boosters prior generations of veterans never had," Rehbein said.

To initiate the service, a user needs a Web cam or computer with built-in Web cam. Then, just register and start communicating. Once registered, simply log in at any time to connect. (You can watch a short demonstration video of how to use VetCam.)

All members of the U.S. Armed Forces (active duty, reserve and National Guard), members of The American Legion, and their families and friends are welcome to use VetCam.

Post #1 has set up a camera for your use. Call the Post for an Appointment!



The 2009 membership renewals are coming in steadily. We have received 351 renewals as of the last week of December 2008. We are at 82% of our 2009 goal and hope to reach 100% by the 1st of February.

We may be contacting you soon if you have not remitted your 2009 dues. We want to make sure that you will remain eligible for your American Legion benefits in the coming year.

Mike Krogan
Membership Team

GOT AN EMAIL ADDRESS?

We would love to have your email address. Only used for American Legion business – nothing else!

Email it to:

commander@mplspost1.org

POST 1 APPOINTS NEW OFFICERS

Post #1 has a new Adjutant and a new Sergeant –At-Arms.

Woody Anderson, Sr. has accepted the Sergeant-At-Arms position and Lynn Kvam has accepted the Adjutant Position, Many thanks to these Legionnaires for volunteering to help out



News & Notes

POST #1 SPONSORED CANDIDATE TAKES 3RD PLACE IN 5TH DISTRICT ORATORICAL CONTEST

Dustin Barnes won 3rd place in the 2008-2009 5th District Oratorical Contest. He was awarded 3rd place and \$100 in scholarship funds. Dustin was sponsored by Minneapolis Post #1. Dustin is a senior at Minnesota Transitions School and he is a member of the Award Winning Minnesota Transitions School JROTC Color Guard team. Congratulations to Dustin!



Dustin pictured with 5th District Oratorical Chairman, Dick Ward

PAST POST AND 5TH DISTRICT COMMANDERS, WARD JEFFERS AND DAVE MAURITSON MEET THE MILITARY

Ward Jeffers and Dave Mauritsen represented the American Legion at the Air Force reserve base in Minneapolis. This was a Family Fair sponsored by the military for the benefit of Active Duty and Reserve Personnel.



Ward and David are welcomed by Sgt Copage

POST 1 FINANCE

Minneapolis Post #1 Financial Reports will be available at Post 1 Monthly meetings - Thanks.

Lynne Nottage, Finance Officer

BREAKFAST WITH SANTA WAS FUN FOR "KIDS" OF ALL AGES!!



Ho! Ho! Ho!

I'm not too sure about this!



We've got kids everywhere!

*Heh!
Why not?*



POST 1 VOLUNTEER OPPORTUNITIES

Fellow Members:

We are hoping that some of you would like to get involved in what we are doing here at Post 1. A great way to get into it is to come on down and help work the monthly Omelet breakfast. If you have an interest, let us know!

A PRAYER FROM THE CHAPLAIN

A New Year's Prayer

As the old year comes to an end, let us ponder on what it has held for us. Let us be thankful for the rich experiences it gave us – for every sympathetic smile, for every tear – for moments which brought laughter's melody – for nature's loveliness, and for friendship's beauty. Let us also ask forgiveness for thoughts and deeds unwise. As we stand on the threshold of this New Year – let us be thankful for the opportunity to stand and peer intently, eagerly beyond the door to so many challenges that lie ahead. May we have the courage, truth and faith to meet them without flinching and thought of self.

Amen

Mike Krogan, Post 1 Chaplain

TAPS



The following American Legion Post #1 Legionnaires have been called to the Lord in 2008. Let us not forget their service to our country and its people.

Lucile H Koplos James Nathe Ted Nelson

CALL FOR A MEETING

5th District Mid-Winter Conference to be hosted by Richfield Post #435

This year's Mid-Winter conference will be held at Richfield Post #435. It begins with a social of coffee & rolls at 8:00 am. The meeting runs from 9:00 – 11:30.

Among the speakers is a Marketing Consultant to speak about effective telephone techniques for membership teams. Come on down and join the meeting!

Chaplain's Corner



Greetings to All our Legion Members at Post #1.

Hope all had a great holiday season. We are now into a New Year of 2009 – want to wish all Blessed and Healthy Year of 2009. There will be Rose Bowl and Super Bowl to be watching on TV.

Remember your sweetheart on Valentine's Day. Then there will be Groundhog Day – Hope we don't see his shadow. They say if we see his shadow there will be six more weeks of winter.

Then soon spring will be around the corner – baseball pitchers and catchers will start reporting for training in February – everyone will be looking forward to the baseball games.

The Winter Carnival will be around the corner too. Plan to go and see the parade. They have a wonderful winter parade.

5th District Mid Winter conference - try and go to the Mid-Winter Conference if you can.

Ash Wednesday if February 25, 2009 – go to the church of your faith.

I wish this prayer for all

Heavenly father we praise and thank thee for the many gifts you bestow on us each day.

Shower you blessings on all our families. Keep our Country safe from all terrorism.

We ask this in Your Holy Name.

Amen

Ardell Rogers, Auxiliary Chaplain

***** REMEMBER *****

WINTER CARNIVAL PARADE

JANUARY 24, 2009

Busses will leave Arcade Phalen Post #577 (1129
Arcade Avenue St, St. Paul) about noon.



SAL Squadron Report

Dear Squadron #1 Members:

Happy New Year to all Squadron #1 members and their families. For a 2009 Fund Raiser we have purchased annual Calendars for "God and Country". These beautiful calendars are a great item to have at home or in the office. Donations of \$5.00 each and the entire proceed will go towards 2009 SAL programs. They can be purchased at the Omelet Breakfast each month. Please consider stopping in to purchase one of these awesome calendars and help the SAL fund raising efforts.

We have had increasing attendance at our Squadron 1 meetings, held the second Thursday of the month, at the Post. We especially welcome some of our dual members to the monthly meetings. We have been discussing some exciting new ideas for 2009.

Looking forward to seeing you at the Post!



Corwin Morton
Commander, Squadron. 1

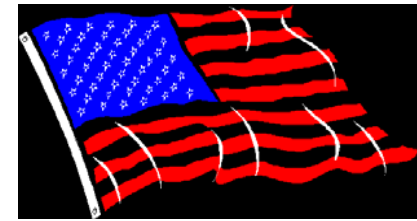


The Following Legionnaires have reached significant milestones of continuous years of membership – *Still Serving America!*
The records were taken of 2009 paid memberships as of 12/31/2008.
If there are any changes or corrections, please notify Post #1.

<i>Legionnaire</i>	<i>Yrs</i>	<i>Legionnaire</i>	<i>Yrs</i>	<i>Legionnaire</i>	<i>Yrs</i>	<i>Legionnaire</i>	<i>Yrs</i>
Curtis Ramlet	65	Ronald Nerem	43	Stephen Tratnik	35	Ronald Starr	31
Delmont Stokke	65	Walfred Nickerson	43	Matthew Chamerick	34	Mark McGree	31
James Johnson	64	Emil Steinberg	42	Thomas Johnson	34	Joseph Davis	30
Willard Dornfeld	63	Andru Peters	40	James Nash	34	Ed Grosz	30
Lawrence Bachman	62	Michael Caligiuri Jr.	39	Harry Stanley	34	Phillip McGuire	30
Erick Freeman	62	Charles Fisher	39	Lloyd Wilberg	34	Lawrence Schoppe	30
Donald Peterson	62	Robert Koivula	39	Michael Ayers	33	Robert J Carlson	29
Harold Rocheford	62	David Mauritson	39	Joseph Cooper	33	Michael Idziorek	29
Lyle Slawson	62	David Morris	39	Herman Fasching	33	Harry Hannah	29
LeVern Foss	61	Gilbert VanHale	39	Eugene Findell	33	Marcus Hischke	29
Wheelock Whitney	60	David Hewitt	38	Robert French	33	Arthur Krick	29
Wilton Anderson	58	Charles Larsen	38	Harry Hodgman	33	Daniel Lane	29
Louis Moriarty	57	Samuel Nilva	38	Allen Kramer	33	John T Olson	29
Charles Cochran	55	Steve Pavelko	38	Kenneth Marty	33	Glenn Lange	28
Norman Perl	55	Delbert Rose	38	John P Nelson	33	Warren Larson	28
John Bolla	54	Joyce Rose	38	James Sandberg	33	Francis McGinn	28
Earl Suhrbier	54	Wayne Wright	38	Terry Sjostrand	33	Herbert Pahl	28
Frank Lozar	53	Robert D Carter	37	Oren Westling	33	Allen J Lufkins	28
John Bacich	52	James Hanson	37	Rodney Collins	32	Ronald Aker	27
Kenneth Lukaska	52	Albert Hoff	37	Richard Dahl	32	James Bow	27
Douglas Amdahl	50	Harry Hyde	37	Kenneth Schoppe	32	Kenneth Gebhardt	26
Richard Craig	50	Michael Krogan	37	Steve Kronstedt	32	Robert Ryan	26
David Swanson	50	Arnold Bellis	36	Howard Kunitz	32	Clifford Dahlin	25
Stanley Fishbaugher	49	Brian Berntson	36	Walter Mapes	32	Richard Dreves	25
Clarence Mueller	49	Arthur T Johnson	36	Michael Sinnett	32	Kenneth Foss	25
Ward Jeffers Sr.	48	LeRoy Peterson	36	Richard Tuttle	32	Robert Gosswiller	25
Kenneth Hoppenrath	47	Loren Smith	36	Robert Boatman	31	James Gustafson	25
George Lindmeier	46	David Adam	35	Edward Cirkl	31	Louis Hoffman	25
Harold Holey	45	Michael Gallagher	35	Frank Feriancek	31	David W Johnson	25
Donald Rombough	44	Thomas Seehuetter	35	Tony Kismoskes	31	Arthur Lenius	25
						Richard Parrott	25



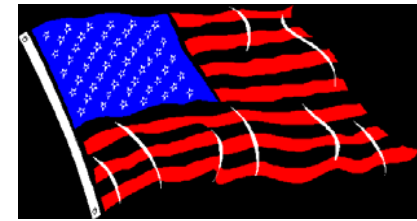
MINNEAPOLIS POST 1 JANUARY 2009



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 HAPPY NEW YEAR	2	31
4 VA HOSPITAL VISIT 2:00 PM AUDITORIUM	5	6	7	8 SAL SQUADRON MEETING	9 POST 1 MEETING 7:00 – 8:00 PM	10 5 TH DISTRICT MID-WINTER CONFERENCE RICHFIELD 8:00 – 11:30
11 OMELET BREAKFAST 8:30 – 12:30PM	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27 Vietnam Cease Fire (1973)	28	29	30 Vietnam War, Tet Offensive (1968)	31



MINNEAPOLIS POST 1 FEBRUARY 2009



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 VA HOSPITAL VISIT 2:00 PM AUDITORIUM	2 Groundhog Day	3 5 TH DISTRICT MEETING 7:30 PM	4	5	6	7
8 VA HOSPITAL VISIT 2:00 PM AUDITORIUM	9 POST 1 MEETING 7:00 – 8:00 PM	10	11	12 SAL SQUADRON MEETING Lincoln's Birthday	13	14 Valentine's Day
15 OMELET BREAKFAST 8:30 – 12:30 PM AND BAKE SALE	16 Washington's Birthday Observed President's Day	17	18	19	20	21
22	23	24	25 Ash Wednesday	26	27	28 End of "Operation Desert Storm" (1991)



The American Legion
Minneapolis Post #1
2507 E. 25th St.
Minneapolis, MN 55406

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This Newsletter is the official publication of Minneapolis Post 1, Fifth District, American Legion, Department of Minnesota. Published periodically providing information to the Officers, and Members of American Legion Minneapolis Post #1. All parties having input to this publication can contact the Post via email at editor@mplspost1.org

Minneapolis Post #1 Information

For General Information see our website <http://www.mplspost1.org>
To contact Commander commander@mplspost1.org
Post #1 Phone: 612-721-3023



American Legion Eligibility Dates

Persian Gulf	08/02/90 to Present
Panama	12/20/89 to 01/31/90
Grenada/Lebanon	08/24/82 to 07/31/84
Vietnam	02/28/61 to 05/07/75
Korea	06/25/50 to 01/31/55
World War II	12/07/41 to 12/31/46
World War I	04/06/17 to 11/11/18

Armstrong's Smoke King

Open for Business

Lunch

11 am – 2 pm Tues - Fri

******Daily Lunch Specials******

Dinner

5 pm – 9 pm

Wed-Thur-Fri